

NBRC Gym Schedule March



Gym closed 3/24 - 3/28 8:30-4:30pm for Spring Break Camps

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------|--|--------------------------------------|--|---|--|-----------------------|------------------------------|
| 6:00am | Monday | Tuesday | wednesday | Thursday | Friday | Saturday | Sunday |
| | Open Gym 6:00-11:30 | Open Gym 6:00-8:00 | Open Gym 6:00-11:30 | Open Gym 6:00-8:00 | | Open Gym 6:30-7:00 | |
| 6:30am 7:00am | | | | | | | |
| 7:30am | | | | | Open Gym 6:00-11:30 | | |
| 8:00am | | | | | | | Open Gym |
| 8:30am | | Drop-in MRT 8:00-8:45 | | Drop-in MRT | | | 7:30-9:00 |
| 9:00am | | | | 8:00-8:45 | | | |
| 9:30am | | Women's | | Women's | | | |
| 10:00am | | Wrkout | | Wrkout | | | Drop-in |
| 10:30am | | 9:30-10:30 | | 9:30-10:30 | | | CoEd |
| 11:00am | | | | | | | Volleyball 9:00-12:30 |
| 11:30am | Drop-in Adult Basketball 11:30-1:30 | Open Gym 10:30-1:00 | Drop-in Adult Basketball 11:30-1:30 | Open Gym 10:30-1:00 | Drop-in Adult Basketball 11:30-1:30 | | 9.00-12.50 |
| 12:00pm | | | | | | | |
| 12:30pm | | | | | | | Open Gym |
| 1:00pm | | | | | | | 12:30-1:45 |
| 1:30pm | Open Gym 1:30-2:30 | Drop-in Senior Bball 1:00-2:30 | Open Gym 1:30-3:15 | Drop-in Senior Bball 1:00-2:30 | Open Gym 1:30-2:30 | | |
| 2:00pm | | | | | | | Gonzo |
| 2:30pm | Drop-in Youth Basketball 2:30-5:30 | Open Gym 2:30-5:00 | | Drop-in Youth Basketball 2:30-5:30 | Drop-in Youth Basketball 2:30-5:30 | | Tennis |
| 3:00pm | | | Gonzo Tennis 3:15-5:30 | | | | 1:45-4:00 ends 3/16 |
| 3:30pm | | | | | | | elius 5/10 |
| 4:00pm | | | | | | | |
| 4:30pm | | | | | | | |
| 5:00pm | | YSI | | | | | |
| 5:30pm | Open Gym 5:30-7:00 | 5:00-6:30 | Open Gym 5:30-9:30 | Open Gym | Open Gym 5:30-7:30 | | Open Gym |
| 6:00pm | | | | Women's Wrkout | | | 4:00-8:00 |
| 6:30pm | | Open Gym 6:30-9:30 | | 6:00-7:00 | | | |
| 7:00pm | Volleyball Free Agent Night 7:00-9:30 3/3 only | | | Youth | | | |
| 7:30pm | | | | Volleyball 7:00-9:00 | | | |
| 8:00pm | | | | No Class | | | |
| 8:30pm | | | | 3/6, 3/27 | | | |
| 9:00pm | , | | | Open Gym | - 29 | | |
| 9:30pm | | | | | | | |

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

*Inclement Weather Days: All drop-in activities may be cancelled to accommodate camps.